Since the first PAMA Symposium 30 years ago there have been tremendous developments and expansion in the field of Performing Arts Medicine. The 2012 meeting will reference our history as we focus on the wealth of knowledge and experience in current practice and research. The symposium will culminate with several new exciting research initiatives that look ahead to the next 30 years.

Performing Arts Medicine: Past, Present, and Future

Objectives

- To recognize the importance of collaboration in the field of Performing Arts Medicine.
- To identify and share current best practices and research perspectives.
- To expand the scope of Performing Arts Medicine to include new areas of focus.
- To foster networking and collaboration among healthcare professionals and performing artists.
- To encourage the exploration of new areas for future research.

Medical Problems of Performing Artists

July 26 - 29, 2012
Snowmass, Colorado

A Continuing Medical Education Activity
Jointly Sponsored by
Performing Arts Medicine Association
P.O. Box 440301
Aurora, CO 80044-0301
USA

Feature Topics

- 30 years of PAM perspectives
- Latest research techniques and results
- Performance anxiety
- Instrument specific stress points
- Using biofeedback to enhance learning
- Focal dystonia
- Future of PAM
- Implementing injury prevention
- Alternative and complimentary medicine
- Wellness programs
- Effect of competition in dance

Workshops Include

- Biofeedback
- Yoga for the Performer
- Sound Level Monitoring
- Learning-based Sensory-motor Training
- Dance Kinesiology Teachers Interest Group
- Anatomically Sound Turnout
- Nurturing the Psoas Muscle

In cooperation with

www.athletesandthearts.com

The PAMA Symposium is designed to meet the research and practice needs of physicians, therapists, educators, artistic directors, trainers and other healthcare and performing arts professionals who seek to improve the well being of performing artists.
Keynote Speakers
Paul Lehrer, PhD
UMDNJ
Robert Wood Johnson Medical School
Piscataway, NJ

Shaw Bronner, PhD, PT, OSC
ADAM Center, Long Island University
Alvin Ailey American Dance Theater
New York, NY

Invited Presenters
Alice G. Brandfonbrener, MD
Rehabilitation Institute of Chicago
Chicago, IL

Neil Cherian, MD
Cleveland Clinic
Cleveland, Ohio

Kathryn Daniels, MA
Cornish College of the Arts
Seattle, WA

Donna Krasnow, MS
York University
Toronto, ON Canada

Richard Lederman, MD, PhD
Cleveland Clinic
Cleveland, OH

Richard J. Lederman Lecturer
Alan Lockwood, MD, FAAN
University at Buffalo
Environment and Health Committee
Physicians for Social Responsibility
Buffalo, NY

Alice G. Brandfonbrener Young Investigator Award
Dale Rickert, Bmus
University of Queenslands, School of Music
University of Sydney
Sydney, Australia

Program Committee
Robin Kish, MFA, MS, Co-Chair
Kathleen Riley, PhD, MM, Co-Chair
Bethany Bullman, MA
Jennifer Deckert, MFA

Open Communication
Attendees will present research projects, successful models, and other topics in Performing Arts Medicine.

Silvie Rasner, BSc OT
A.B.M. (Bon) Rietveld, MD, BA
Kathleen Riley, PhD, MM
Bonnie Robson, MD
Naotaka Sakai, MD, Ph.D
Sarah Schmalenberger, PhD
Felix Sielemann, BSc, PT
Barbara Smith, MMus
Samantha Sobach, BFA
Jo Ann Staugard-Jones, MA, BS
Judith Steel, MA, CMIA
Hara Trouli, MD
J.R. Vaag, MSc, PhD cand.
Henning Vauth, DMA
Margaret Wilson, PhD
Scott Winter, MD
Dagmar Wolff, Dipl Mus, Dipl Musik, PT, Dr. phil
Brenda Wintzen, PhD
Hitozhi Yamashita, PhD, LAc

Participators’ Performance
If you wish to participate, send an email to Adrienne Brown at anviola@bendbroadband.com and to Julie Massaro at executive@artsmed.org.

Share a Room
Cut your expenses by sharing a room with another attendee. Make a request to executive@artsmed.org.

General Information
Snowmass Village, surrounded by a spectacularly scenic wilderness area, provides a relaxing atmosphere and outstanding views for golfers, hikers, and bikers. A day camp provides activities for children.

The Viceroy Snowmass luxury resort will be host to the 30th Annual PAMA Symposium. Hotel guests will have a personal transport from the airport, and other special benefits are included in the resort package.

Aspen Music Festival
PAMA attendees receive a free concert pass to the Aspen Music Festival. A guest pass may be purchased on-site at the PAMA Registration Desk. Visit our website or email services@artsmed.org to learn more.

30th Anniversary Gala Celebration
To mark PAMA’s 30th Symposium, a gala celebration will honor leaders and performers who have made unique contributions to the field of Performing Arts Medicine and enhanced the performing arts community.

Honored guests will be Alice Brandfonbrener and Richard Lederman, visionary leaders of PAMA; Alan Fletcher, President and CEO of the Aspen Music Festival and School; Jacques d’Amboise, one of the great American ballet dancers of the 20th century, and Cho Liang “Jimmy” Lin, celebrated violinist and advocate for music of our time.

Watch for your invitation by email, and plan to be part of this special event!

Gala Event Tickets:
- Individual Seat - $75
- Table of 8 seats - $550
Take part in honoring contributors to PAMA while enjoying dinner and live entertainment.

Continuing Education Credit to be announced.

For More Information
PAMA Membership and Symposium details
www.artsmed.org
Julie Massaro, Executive Director
303-808-5643
effective@artsmed.org

Registration
PAMA Membership/Reduced Tuition
Join PAMA before registering for the Symposium and gain the benefit of a reduced registration fee.

register online at www.artsmed.org/symposium.html

Fees:
PAMA Members
- physician by June 29 $405
- non-physician $295
- *student/resident $215

*student/resident must be enrolled full-time in an accredited program.

Non-Members
- physician $445
- non-physician $375
- *student/resident $235

*student/resident must be enrolled full-time in an accredited program and to bring student ID to Symposium.

Workshops:
- There will be a $10 flat fee to attend workshops.
- Seats are on a first-come, first-serve basis.

New! We are now offering discounts for multiple registrations. Visit our website or email services@artsmed.org to learn more.

A one-day registration fee is available by request.

ACSM Members (who are not PAMA members) receive a $35 discount off the non-member fee above (excludes student fees). Discount shown when registering online.

Cancellation: Registration fee, less a $50 processing fee, is refunded if notice of cancellation is received by July 13. No refunds made after July 13. Fee may be transferred to another individual.

Viceroy Resort & Hotel
Take a visual tour by visiting www.artsmed.org/lodging.html

Room rates
- Studio - $139/night
- One Bedroom - $189/night
- Two Bedroom - $239/night (other options available)
A $15 resort fee is added to cover special guest services such as free personal shuttle service in Snowmass and other amenities. All hotel rooms have kitchen facilities to allow attendees to prepare meals.

To Book a Room: go to www.viceroysnowmass.com
Click on Accommodations and use GROUP CODE: PAMA
Or to speak to an agent, call toll-free 1-866-326-9765

Ask for cancellation policy.